



# Tri lodge Newsletter

January 2026

**Greetings from the Board, Management and Staff of the County of Stettler Housing Authority.**

# JANUARY

Happy New Year!  
January brings fresh beginnings, cherished memories, and the warmth of community. Though the air may be crisp, our laughter and friendships brighten every day. Here's to cozy gatherings, joyful conversations, and a wonderful year ahead!



**Management and Staff extend their heartfelt thanks to everyone for the Christmas cheer, thoughtful goodies, beautiful cards, and warm wishes shared throughout the holiday season. Your kindness and generosity truly brightened our celebrations and made the holidays extra special.**

## IS IT A COLD OR THE FLU?



COLD



SORE THROAT



SNEEZING



COUGH



HEADACHE



FATIGUE

FLU



MUSCLE PAIN



HIGH FEVER



CHILLS



VOMITING



LOSS OF APPETITE

Cold and flu season has arrived.

Let's all do our part to stay healthy—wash your hands often and use the hand sanitizer stations throughout the lodge. If you're feeling unwell, stay in your room and notify a staff member. Small steps make a big difference!



As winter settles in, we kindly remind everyone to take extra care on slippery sidewalks and streets. Please dress warmly and appropriately for the cold weather to stay safe and comfortable throughout the season.

## ACTIVITIES

### ✨ Get Ready for a Month Full of Fun! ✨

There's a lineup of exciting activities happening at the lodges this month. Be sure to check your activity calendars so you don't miss out on all the fun, laughter, and memorable moments ahead!

Every six months, we refresh our table rotations to help everyone connect with new neighbours around the lodge. It's a lovely way to build community, spark conversations, and see things from a fresh perspective. We're glad you're here! Enjoy your new seat.



## LOST & FOUND

Dear Residents,

If you have misplaced or lost any personal belongings within the lodges, please visit the Administration Office to check if your item has been turned in. Our staff will be happy to assist you in locating your lost property.

Thank you for your cooperation.



On behalf of everyone at County of Stettler Housing, we extend our heartfelt thanks for the generous donation of toques and mitts to FCSS. Together, we collected enough items to support several families in need, helping ensure they stay warm and cared for this season. Your kindness truly makes a difference in our community.



### Resident Phone Lists

From time to time, we provide updated resident phone lists to help everyone stay connected.

If you prefer not to have your name included, please inform your administrative clerk and we will ensure your information is excluded from future distributions.



You can also visit our Website @

[www.stettlerhousing.com](http://www.stettlerhousing.com)

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