

Meal	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Hot Cereal - Oatmeal Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Wheatlets Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Oatmeal Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Sunny Boy Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Oatmeal Assorted cold cereals; Eggs Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal -Manager Special Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Oatmeal Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt
Dinner	Spaghetti/w Meat Sauce Parm. Cheese Texas Garlic Toast Beet Pickles Caesar Salad Veg Tray 1/2 hour Pudding	Chicken Parslied Potatoes Broccoli Gherkins Tossed Veg Tray Cinnamon Buns	Ribs Baked Potato Halves S. Cream/chives Bacon Bits Turnips Bread & Butter Coleslaw Veg Tray Tapioca	Beef Dip Home Made Buns Potato Salad Peas & Carrots Horseradish Olives Layered Salad Veg Tray orange Creamsicle Poke Cake	Pollack Herbed Oven Fries California Mix Alternate Pickled Onion Tossed Salad with Romaine Veg Tray Apple crisp made with real apples not pie filling	Chili with Corn Bread Rice 4 Blend Vegetables Sw. Mixed Spinach Salad Veg Tray Skor Cake	Turkey Whipped Potatoes Gravy Cranberry Sauce Sweet Potato Dressing Dill Pickles Fruit and Nut Tossed Veg Tray Fruit Pie
Evening Salad Bar Supper	Carrot & Raisin Salad Fruit Salad BLT Salad Omelettes Soup: Sand: Assorted Desserts	Pistachio Sal Fruit Tray w/ Cantaloupe Chef Salad Salmon Sliders Alternative - Egg Salad Soup: Sand: Cheese Cake Tarts	orange jello w/ cottage cheese Spinach Salad Fruit Salad Homemade Pot Pies Soup: Sand: Mousse	Rainbow Orzo Salad Fruit Tray Mixed Greens Baked Chicken Wings or Fingers Soup: Sand: Cupcakes	Sliced Tomato & Cucs Fruit Salad Devilled Eggs Oatmeal or Whole Grain Pancakes Sausages Soup: Sand: Butterscotch Pudding	BBQ Chicken Salad Fruit Tray Mediterranean Chickpea Salad Loaded Hot dogs Soup: Sand: Sliced or Stewed Strawberries w/Rhubarb	Broccoli Salad Fruit Salad Chunky Veggie Salad Roast Beef Sandwiches Soup: Sand: Vanilla Pudding

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Dinner	Hamburgers Baked Beans Potato Salad Green Beans Hamb Sliced Tomatoes, lettuce Onions and Cheese Veg Tray Pumpkin Custard	Ham Mashed Potatoes Creamed Corn Olives Spinach Salad Veg Tray Ice Cream	Coconut Curry Chicken Rice Cabbage Sweet Mixed Greek Salad Veg Tray Lemon Dessert	Steak Baked Potatoes California Mix Gherkins Japanese Salad Veg Tray Banana Split Des	Salmon Loins w/ cream and Dill Sauce Roasted Potato peas Alternate B & B Pickles Waldorf Sal Veg Tray Peach Cobbler	Beef Stroganoff buttered Noodles Mixed Veg. Beet Pickles Tossed Salad w/ tom and romaine Veg Tray w carrots Layered Pudding Dessert	Stuffed Roast Pork Loin Gravy Mashed Potato Baked Squash Dill Pickles Broccoli, Orange & Almond Salad Veg Tray Cream Pie
Evening Salad Bar	Moroccan Carrot Sal Fruit Tray Potato Salad	Avocado and Tomato Salad Fruit Salad Sweet Cabbage Salad	cuc/avacado salad Broccoli Orange Salad Fruit Tray	Mushroom Salad Fruit Salad w/cantaloupe Crunchy Pea Salad	Parmesan Salad Fruit Tray Garden Toss	Chinese Mandarin Fruit salad Kale Salad	Cobb Salad Fruit Tray coleslaw
Supper	Perogies and Sausage Soup: Sand: Assorted Desserts	Crab Rolls Alternate: Egg Soup: Sand: Strawberry Brownies	Goulash with hamburger Soup: Sand: Pears and cookies	Ham and Turkey Subs Soup: Sand: Assorted Desserts	Garlic Ribs Onion rings Soup: Sand: Banana Pudding	Poached eggs toast Soup: Sand: Ice Cream/cookies	Chicken Mozza Sand Soup: Sand: Lemon Bars

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Dinner	Beef Stew with Carrots Boiled Potatoes Biscuits Olives Spinach Salad Veg tray 1/2 Hour Pudding	Pork Chops/w bone Baked Potato With Fixings Brussel Sprouts Gherkins Garden Salad Veg Tray Bakes Apples	Beef Stir Fry Rice Sliced Dill Pickles Greek Salad w/romaine Veg Tray w carrots Coconut Delight	Chicken Gravy Mashed Potato peas Sweet Mixed Coleslaw w/Carrot Veg Tray Cream Puffs	Crispy Baked Perch Roasted Potatoes Squash Alternate Onion Pickle Chef Tossed w/romaine Veg Tray Cherry Slice	Salisbury Steak Mashed Potatoes Carrots & Peas Beet Pickle Layered Salad Veg Tray Lazy Daisy Cake	Ham Scalloped Potatoes Mashed Turnips Dill Pickles Japanese Salad Veg Tray Fruit Pie
Evening Salad Bar	Pasta Salad Fruit Salad Potato Salad	Cucumber Salad Deviled Eggs Fruit Tray w/Cantaloupe Japanese Salad	Tomato Tray Fruit Salad Meatless Taco Salad	Chef Salad Fruit Tray Peaches & Cream Salad	Corn Chip Salad Fruit Salad Onion Salad	Parmesan Salad Fruit Tray Waldorf Salad	Orange/Grapefruit Salad Fruit Salad w/cantaloupe Pistachio Salad Cottage Cheese
Supper	Assorted Entrees Soup: Sand: Assorted Desserts	Seafood Melt Alternate - Beef pot Pie Soup: Sand: Chocolate Caramel Poke Cake	Fried Eggs Bacon Toast Soup: Sand: Ice Cream	Sloppy Joes w/home made buns Soup: Sand: Assorted Desserts	Open Denver Sand Soup: Sand: doughnut holes	Chicken Wings/Strips Tater Tots Protein Sand /alternate Soup: Sand: Rhubarb Crisp	Stuffed Peppers w/hamb and rice Soup: Sand: Raspberry Streusel Bars

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Dinner	Swedish Meatballs Mashed Potatoes Green Beans Beet Pickle Greek Salad Veg Tray Chocolate Delight Dessert	Chicken thighs Potatoes Spinach Dill Pickles Tossed Salad Veg Tray Apple Turnovers	Lasagna Garlic Toast Mixed Veg Sweet Mixed Caesar Salad w/Romaine Veg Tray Carrot Cake	Roast Pork Gravy Garlic Mashed Potatoes Beets Olives Carrot Apple Slaw Veg Tray Rice Pudding	Oven Baked Salmon Fries Broccoli Alternate Hamb sliced Cauliflower Salad Veg Tray Rhubarb Cobbler	Liver & Onions Mashed Potatoes Gravy Dilled Carrots Gherkins Tomato & Cucumber Salad Veg Tray Blueberry Cheesecake	Roast Beef Mashed Potatoes Gravy Roasted Vegetables Onion Pickles Five Cup Salad Veg Tray Cream Pie
Evening Salad Bar	Pasta Salad Fruit Tray Cucumbers/Onions w/sour cream	Taco Salad Deviled Eggs Fruit Salad w/Cantaloupe 7-Up Salad	Tomato Tray Fruit Tray Shrimp Salad (dilled)	Chef Salad Fruit Salad Tomato/Cuke Salad	Corn Chip Salad Fruit Tray Mushroom/Tomato Salad	Cucumber Salad Fruit Salad Broc Apple Slaw	BLT Salad Fruit Tray w/cantaloupe Spinach Salad w Strawberries
Supper	Fish Burger alternate Soup: Sand: Assorted Desserts	Garlic Ribs Fries and gravy Soup: Sand: Peach Crisp	Cheddar Smokies w/ optional bun Soup: Sand: Ice Cream Sundaes	Shepherd's Pie Soup: Sand: Assorted Desserts	Sausage & Egger Sandwich Soup: Sand: cooks choice	Pizza Soup: Sand: Jelly Roll	Toasted Sandwich Ham and Swiss Turkey and Swiss Soup: Sand: Pineapple Delight Squares

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Dinner	Spaghetti w/meatballs Noodles Garlic toast Sweet Mixed Caesar Salad Veg Tray Spiced Layer Cake	Southern Fried Chicken Biscuits roasted potatoes peas and carrots Onion Pickle Garden Salad (with broccoli) Veg Tray Fruit Pizza	Beef Sausage Roasted potatoes green beans Dills Greek Salad (with Romaine) Veg Tray Angel Food Cake	Breakfast for Lunch Eggs, Bacon Ham, French Toast Pancakes Olives Fruit Salad Veg Tray Lemon Dessert	Sole Mashed Potatoes Steamed Cauliflower/Broc Alternate Beet Pickle Tossed Salad Veg Tray Cinnamon Roll Cake	Roast Chicken Mashed potaotes roasted root ve. Hamb Sliced Caesar Salad Veg Tray Cheesecake	Ribs Baked Potatoes Brussel Sprouts Gherkins Coleslaw Veg Tray Fruit Pie
Evening Salad Bar	Mandarin Salad Fruit Salad Cottage Cheese Tom/Cuke/Avocado Salad	Cheese/cracker Tray Sl. Tomatoes Fruit Tray w/ cantaloupe Chopped Thai Salad	Deviled or Pickled Eggs Fruit Salad Chunky Vegetable Salad	Pistachio Salad Fruit tray w/cantaloupe Best Broccoli Salad	Cauli/Bean Salad Fruit Tray Celery and Cheese sticks	Taco Salad Fruit Salad Sweet Cabbage Salad	Sliced cucumbers Fruit Tray Crunchy Pea Salad
Supper	Assorted Entrees Soup: Sand: Assorted Desserts	Shrimp Skewers Butterfly Coconut Shrimp Soup: Sand: Pudding	Lazy Cabbage rolls w/hamburger/sausage Soup: Sand: Broken Glass/ Jello Parfait Cups	Mini Burgers Soup: Sand: Assorted Desserts	Filled Croissant protein of choice Soup: Sand: Mandarins and Ice Cream	Swiss Steak Biscuits Soup: Sand: chocolate Raspberry Brownies	Hot Dogs Fries Soup: Sand: Caramel Apple Trifle

NOTE: White/Whole Wheat Bread Available Lunch/Supper

Crackers are served at Supper/ with Soups

Juice Choices: Apple, Orange, Cranberry, Prune, Tomato

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Dinner	Fettuccine Alfredo w/chicken Garlic Toast Green Beans Beet Pickle Caesar Salad Veg Tray Lemon Snow	Real Veal Cutlets Potatoes Gravy Peas & Carrots Gherkins Japanese Salad Veg Tray Cinnamon Rolls	Hamburger Steak Mashed Potatoes Spinach Sweet Mixed Layered Salad Veg Tray Carrot Cake	Pork Tenderloin Mashed Potatoes Gravy Corn Olives Greek Salad Veg Tray Bread Pudding	Battered Cod Fish and Chips Broc and Cauliflower Alternate Hamb sliced waldorf Salad Veg Tray Mixed Berry Cobbler	Beef Stir Fry with Vegetables Rice Dill Pickles Tossed Salad w/ Romaine Veg Tray Peach Melba Trifle Dessert	Roast Chicken Mashed Carrot & Turnip Stuffing Pickled Onions Broccoli Salad Veg Tray Cream Pie
Evening Salad Bar	Fruit Tray w/cantaloupe Garden Toss	Tom & Cuke tray Fruit salad	Apple/Crab Coleslaw Fruit Tray Corn Chip Salad	Carrot Salad Fruit salad Cottage Cheese Marinated Onion	Pea Salad Fruit Salad w/cantaloupe Sauerkraut Salad	Cottage cheese/jello Fruit Tray Japanese Salad	Coleslaw Fruit Tray
Supper	Cheeseburger cups Soup: Sand: Assorted desserts	Salmon Loaf w/dill sauce Cheese Tray Deviled Eggs Soup: Sand: Cook Choice	Quiche/Casserole Soup: Sand: Ice Cream	Chicken Burgers Soup: Sand: Assorted Desserts	Fried Kielbasa & Perogies Soup: Sand: Orange Tapioca	Meat and Cheese tray Fresh buns with trimmings for subs Soup: Sand: Frozen Oreo Dessert	Reuben Sand Soup: Sand: Strawberries & Cream

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Dinner	Pork Chops Mashed Potatoes Gravy Peas Beet Pickle Caesar Salad Veg Tray Pumpkin Custard	Liver & Onions Mashed potatoes Gravy California Mix Alternate Hamb Sliced Layered Salad Veg Tray Lemon Poppy Seed Loaf	Chicken Veg Stew w/ carrots, beans, peas Boiled Potatoes Biscuits Pickled Onions Tossed Salad Veg Tray Strawberry Shortcake	Roast Beef Dip Gravy Potato Salad Cabbage & Carrot Olives Parmesan Salad Veg Tray Layered Jello Dessert	Sole Fillets Peas Sweet Potato Fries Alternate Gherkins Greek Salad Veg Tray Butter Tart Slice	Meatloaf Potato Casserole Creamed Corn Sweet Mixed Spinach & Strawberry Salad Veg Tray Cherry Danish	Ham Scalloped Potatoes Brussel Sprouts Dills Coleslaw Veg Tray Fruit Pie
Evening Salad Bar	Devilled egg platter Fruit Salad shrimp Salad	Green Salad Fruit Tray Pasta Salad	Broccoli salad (s) Fruit Salad (s) Pistachio Salad	Veggie Tray w/broccoli & snap peas Shrimp Salad Peach Pie Salad Fruit Tray	Macaroni & ham salad Fruit Salad (s) 7-Up Salad	Cranberry salad (s) Fruit Tray (s) (with Cantaloupe) Tossed Salad	Marinated Veg Salad with Carrots Fruit Salad
Supper	Assorted Entrees Soup: Sand: Assorted Desserts	Tuna Melt Alternate Chicken Club Melt Soup: Sand: Mocha Pudding	Pizza Beef/onion Ham/Pineapple Soup: Sand: Fancy Tarts	Hashbrown strips Fried Eggs & Bacon Soup: Sand: Ice Cream	Taco bake Soup: Sand: Fruit and cookies	Meat Tray w/ leftover Roast Beef, Turkey Breast Whole Wheat Buns Soup: Sand: tapioca pudding	Egg Salad and Croissants other filling alternate Soup: Sand: chocolate layer dessert