

Meal	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Hot Cereal -Manager Special Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Oatmeal Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Sunny Boy Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Oatmeal Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Wheatlets Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal - Oatmeal Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt	Hot Cereal -Manager Special Assorted cold cereals; Eggs, Toast (whole wheat, white or raisin) Fruit slices Yogurt
Dinner	Hamburgers Baked Beans Potato Salad Green Beans Hamb Sliced Tomatoes, lettuce Onions and Cheese Veg Tray Pumpkin Custard	Ham Mashed Potatoes Creamed Corn Olives Spinach Salad Veg Tray Ice Cream	Sweet and Sour Chicken Rice Cabbage Sweet Mixed Greek Salad Veg Tray Lemon Dessert	Steak Baked Potatoes California Mix (not frozen) Gherkins Japanese Salad Veg Tray Banana Split Des	Salmon Loins w/ cream and Dill Sauce Roasted Potato peas Alternate B & B Pickles Waldorf Sal Veg Tray Peach Cobbler	Beef Stroganoff buttered Noodles Mixed Veg. Beet Pickles Tossed Salad w/ tom and romaine Veg Tray w carrots Layered Pudding Dessert	Stuffed Roast Pork Loin Gravy Mashed Potato Baked Squash Dill Pickles Broccoli, Orange & Almond Salad Veg Tray Cream Pie
Evening Salad Bar	Moroccan Carrot Sal Fruit Tray Potato Salad	Avocado and Tomato Salad Fruit Salad Sweet Cabbage Salad	marinated onion salad Broccoli Orange Salad Fruit Tray	Mushroom Salad Fruit Salad w/cantaloupe Crunchy Pea Salad	Parmesan Salad Fruit Tray Garden Toss	Chinese Mandarin Fruit salad Kale Salad	Cobb Salad Fruit Tray coleslaw
Supper	Perogies and Sausage Soup: Sand: Assorted Desserts	Crab Rolls Alternate: Egg Soup: Sand: Strawberry Brownies	Goulash with hamburger Soup: Sand: Pears and cookies	Ham and Turkey Subs Soup: Sand: Assorted Desserts	Garlic Ribs Onion rings Soup: Sand: Banana Pudding	Poached eggs toast Soup: Sand: Ice Cream/cookies	Chicken Mozza Sand Soup: Sand: Lemon Bars

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Dinner	Beef Stew with Carrots Boiled Potatoes Biscuits Olives Spinach Salad Veg tray 1/2 Hour Pudding	Pork Chops/w bone Baked Potato With Fixings Brussel Sprouts Gherkins Greek Salad w/romaine Veg Tray Apple Cake	Beef Stir Fry Rice Sliced Dill Pickles Garden Salad Veg Tray w carrots Coconut Delight	Chicken Gravy Mashed Potato peas Sweet Mixed Coleslaw w/Carrot Veg Tray Cream Puffs	Crispy Baked Perch Roasted Potatoes Squash Alternate Onion Pickle Chef Tossed w/romaine Veg Tray Cherry Slice	Salisbury Steak Mashed Potatoes Carrots & Peas Beet Pickle Layered Salad Veg Tray Lazy Daisy Cake	Ham Scalloped Potatoes Mashed Turnips Dill Pickles Japanese Salad Veg Tray Fruit Pie
Evening Salad Bar	Pasta Salad Fruit Salad Potato Salad	Cucumber Salad Deviled Eggs Fruit Tray w/Cantaloupe Japanese Salad	Tomato Tray Fruit Salad Meatless Taco Salad	Chef Salad Fruit Tray Peaches & Cream Salad	Corn Chip Salad Fruit Salad Onion Salad	Parmesan Salad Fruit Tray Waldorf Salad	Orange/Grapefruit Salad Fruit Salad w/cantaloupe Pistachio Salad Cottage Cheese
Supper	Assorted Entrees Soup: Sand: Assorted Desserts	Seafood Melt Alternate - Beef pot Pie Soup: Sand: Chocolate Caramel Poke Cake	Fried Eggs Bacon Toast Soup: Sand: Ice Cream	Sloppy Joes w/home made buns Soup: Sand: Assorted Desserts	Open Denver Sand Soup: Sand: doughnut holes	Chicken Wings/Strips Tater Tots Protein Sand /alternate Soup: Sand: Rhubarb Crisp	Stuffed Peppers w/hamb and rice (or similar casserole) Soup: Sand: Raspberry Streusel Bars

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Dinner	Swedish Meatballs Mashed Potatoes Green Beans Beet Pickle Greek Salad Veg Tray Chocolate Delight Dessert	Chicken thighs Potatoes Spinach Dill Pickles Tossed Salad Veg Tray Apple Turnovers	Lasagna Garlic Toast Mixed Veg Sweet Mixed Caesar Salad w/Romaine Veg Tray Carrot Cake	Roast Pork Gravy Garlic Mashed Potatoes Beets Olives Carrot Apple Slaw Veg Tray Rice Pudding	Oven Baked Salmon Fries Broccoli Alternate Hamb sliced Cauliflower Salad Veg Tray Rhubarb Cake Colleen Recipe	Liver & Onions Mashed Potatoes Gravy Dilled Carrots Gherkins Tomato & Cucumber Salad Veg Tray Blueberry Cheesecake	Roast Beef Mashed Potatoes Gravy Roasted Vegetables Onion Pickles Five Cup Salad Veg Tray Cream Pie
Evening Salad Bar	Pasta Salad Fruit Tray Cucumbers/Onions w/sour cream	Taco Salad Deviled Eggs Fruit Salad w/Cantaloupe 7-Up Salad	Tomato Tray Fruit Tray Shrimp Salad (dilled)	Chef Salad Fruit Salad Tomato/Cuke Salad	Corn Chip Salad Fruit Tray Mushroom/Tomato Salad	Cucumber Salad Fruit Salad Broc Apple Slaw	BLT Salad Fruit Tray w/cantaloupe Spinach Salad w Strawberries
Supper	Fish Burger alternate Soup: Sand: Assorted Desserts	Garlic Ribs Fries and gravy Soup: Sand: Peach Crisp	Cheddar Smokies w/ optional bun Soup: Sand: Ice Cream Sundaes	Shepherd's Pie Soup: Sand: Assorted Desserts	Pizza Ham and Cheese Beef and Onion Soup: Sand: cooks choice	Sausage and Egger Sandwich Soup: Sand: Jelly Roll	Toasted Sandwich Ham and Swiss Soup: Sand: Pineapple Delight Squares

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Dinner	Spaghetti w/meatballs Noodles Garlic toast Sweet Mixed Caesar Salad Veg Tray Spiced Layer Cake	Southern Fried Chicken Biscuits roasted potatoes peas and carrots Onion Pickle Garden Salad (with broccoli) Veg Tray Angel Food Cake	Roast Beef Mashed potatoes green beans Dills Greek Salad (with Romaine) Veg Tray Fruit Pizza	Breakfast for Lunch Eggs, Bacon Breakfast Sausages French toast and/or pancakes Olives Fruit Salad Veg Tray Lemon Dessert	Sole Rice Steamed Cauliflower/Broc Alternate Beet Pickle Tossed Salad Veg Tray Cake Cooks Choice	Roast Chicken Mashed potaotes Corn Hamb Sliced Caesar Salad Veg Tray Cherry Danish	Ribs Baked Potatoes Brussel Sprouts Gherkins Coleslaw Veg Tray Fruit Pie
Evening Salad Bar	Mandarin Salad Fruit Salad Cottage Cheese Tom/Cuke/Avocado Salad	Cheese/cracker Tray Sl. Tomatoes Fruit Tray w/ cantaloupe Chopped Thai Salad	Deviled or Pickled Eggs Fruit Salad Chunky Vegetable Salad	Pistachio Salad Fruit tray w/cantaloupe Best Broccoli Salad	Cauli/Bean Salad Fruit Tray Celery and Cheese sticks	Taco Salad Fruit Salad Sweet Cabbage Salad	Sliced cucumbers Fruit Tray Crunchy Pea Salad Marinated/slices onions
Supper	Assorted Entrees Soup: Sand: Assorted Desserts	Shrimp/Pork Skewers on rice Butterfly Coconut Shrimp Soup: Sand: Pudding	Lazy Cabbage Rolls w/hamburger/sausage Soup: Sand: Broken Glass/ Jello Parfait Cups	Mini Burgers Soup: Sand: Assorted Desserts	Filled Croissant protein of choice Soup: Sand: Mandarins and Ice Cream	Swiss Steak Biscuits Soup: Sand: chocolate Raspberry Brownies	Hot Dogs Homemade Fries Soup: Sand: Caramel Apple Trifle

NOTE: White/Whole Wheat Bread Available Lunch/Supper

Crackers are served at Supper/ with Soups

Juice Choices: Apple, Orange, Cranberry, Prune, Tomato

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Dinner	Fettuccine Alfredo w/chicken Garlic Toast Green Beans Beet Pickle Caesar Salad Veg Tray Lemon Snow	Real Veal Cutlets Potatoes Gravy Peas & Carrots Gherkins Japanese Salad Veg Tray Cinnamon rolls	Hamburger Steak Mashed Potatoes Spinach Sweet Mixed Layered Salad Veg Tray Carrot Cake	Pork Tenderloin Potatoes Gravy roasted Vegetables Olives Greek Salad Veg Tray Bread Pudding	Battered Cod Fish and Chips Broc and Cauliflower Alternate Hamb sliced waldorf Salad Veg Tray Mixed Berry Crisp	Beef Stir Fry with Vegetables Rice Dill Pickles Tossed Salad w/ Romaine Veg Tray Peach Melba Trifle Dessert	Roast Chicken Mashed Potatoes Gravy Mashed Carrot & Turnip Stuffing Pickled Onions Broccoli Salad Veg Tray Cream Pie
Evening Salad Bar	Fruit Tray w/cantaloupe Garden Toss	Tom & Cuke tray Fruit salad	Apple/Crab Coleslaw Fruit Tray Corn Chip Salad	Carrot Salad Fruit salad Cottage Cheese Marinated Onion	Pea Salad Fruit Salad w/cantaloupe Sauerkraut Salad	Cottage cheese/jello Fruit Tray Japanese Salad	Coleslaw Fruit Tray
Supper	Cheeseburger cups Soup: Sand: Assorted desserts	Salmon Loaf w/dill sauce Cheese Tray Deviled Eggs Soup: Sand: Cook Choice	Quiche/Casserole Soup: Sand: Ice Cream	Reuben Sandwich Soup: Sand: Assorted Desserts	Real Chicken Burgers Soup: Sand: Orange Tapioca	Fried Kielbasa and Perogies Soup: Sand: Frozen Oreo Dessert	Meat Tray Fresh buns with trimming for subs Soup: Sand: Strawberries & Cream

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Dinner	Pork Chops Mashed Potatoes Gravy Peas Beet Pickle Caesar Salad Veg Tray Pumpkin Custard	Liver & Onions Mashed potatoes Gravy California Mix Alternate Hamb Sliced Layered Salad Veg Tray Lemon Poppy Seed Loaf	Chicken Veg Stew w/ carrots, beans, peas Boiled Potatoes Biscuits Pickled Onions Tossed Salad Veg Tray Strawberry Shortcake	Beef Sausages buttered egg noodles Steamed cabbage and Carrots Olives Parmesan Salad Veg Tray Layered Jello Dessert	Sole Fillets Peas Sweet Potato Fries Alternate Gherkins Greek Salad Veg Tray Butter Tart Slice	Meatloaf/salisbury steak Potato Casserole Creamed Corn Sweet Mixed Spinach & Strawberry Salad Veg Tray Cheesecake	Ham Scalloped Potatoes Brussel Sprouts Dills Coleslaw Veg Tray Fruit Pie
Evening Salad Bar	Devilled egg platter Fruit Salad shrimp Salad	Green Salad Fruit Tray Pasta Salad	Broccoli salad (s) Fruit Salad (s) Pistachio Salad	Veggie Tray w/broccoli & snap peas Shrimp Salad Peach Pie Salad Fruit Tray	Macaroni & ham salad Fruit Salad (s) 7-Up Salad	Cranberry salad (s) Fruit Tray (s) (with Cantaloupe) Tossed Salad	Marinated Veg Salad with Carrots Fruit Salad
Supper	Assorted Entrees Soup: Sand: Assorted Desserts	Tuna Melt Alternate Chicken Club Melt Soup: Sand: Mocha Pudding	Hashbrown Strips Fried Eggs and Bacon Soup: Sand: Fancy Tarts	Pizza ham and Cheese beef and onion Soup: Sand: Ice Cream	Taco bake Soup: Sand: Fruit and cookies	Meat Tray w/ leftover Roast Beef, Turkey Breast Whole Wheat Buns Soup: Sand: tapioca pudding	Egg Salad and Croissants other filling alternate Soup: Sand: chocolate layer dessert